



HEALTHBEAT

NEWS FOR CANTERBURY DISTRICT HEALTH BOARD STAFF & COMMUNITY PROVIDERS

Let's get healthy!



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confident

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Comment from the Chief Executive



In this issue of HealthBeat we visit Akaroa and talk with two of the volunteer Guardians at Akaroa hospital, we look at a new strategy for maternity services in Canterbury and on page three we discover how to make the transition from four wheels to two...

Happy reading,

A handwritten signature in black ink, appearing to read 'Gordon Davies'.

Gordon Davies
CEO
Canterbury District Health Board

Canterbury

District Health Board

Te Poari Hauora o Waitaha

Guide for a healthy city

The Christchurch City Council in collaboration with the CDHB is planning for Christchurch city's health with the launch of a new guide to urban planning.

'Health Promotion and Sustainability through Environmental Design: A Guide for Planning' was launched recently in Christchurch by Mayor Bob Parker and CDHB CEO Gordon Davies.

A first for New Zealand, the guide is based on overseas research and resources and incorporates some of the key concepts from the World Health Organisation's Healthy Cities approach to urban planning.

This resource will help planners and policy makers plan a healthier, safer and more sustainable Christchurch.

A New Zealand Healthy Cities Short Course will be held in Christchurch in early April which covers healthy urban planning, based on the World Health Organisation's Healthy Cities initiative. Turn to 'What's up...' page 11 or email healthychristchurch@cph.govt.nz for more information.

Attention news hounds!

Please keep an ear out for news ideas for HealthBeat. It could be about something new in your workplace, health focussed, people focussed, something you are particularly proud of or completely out of the ordinary! In particular we would like to hear from community providers of health, so please come forward with your ideas.

If you would like to contribute a story or picture or you have some news, please contact Fiona Bryce by the end of the month. HealthBeat is published monthly and produced a month in advance. (Photos need to be 200dpi or greater and no smaller than 15cm.)

Also if you currently miss out on a newsletter, you know of someone who may be interested in receiving one, or would prefer to have HealthBeat emailed to you, please tell Fiona, our CDHB Internal Communications Officer; fiona.bryce@cdhb.govt.nz call ext 66843 or (03) 3377 843.

Congratulations to everyone who took part in the Star City 2 Surf. It was great seeing so many health professionals from across different specialities, sites and organisations participating together.

The positive morale that comes from the training and preparation for this event is quite evident and I hope the regular walking groups that have sprung up will continue.

Thank you to everyone who supplied feedback and comments on our first issue of HealthBeat last month. Hearing your thoughts provides new ideas and helps to shape the publication.

Congratulations to Liz McBride, Nurse Manager Annaliese Haven Rest Home Kaiapoi, who emailed her feedback and won a double pass to the rugby.

I am very pleased to report that despite HealthBeat being a much better looking publication, it costs just over half of what it was costing to produce and distribute the monthly Across The Board and quarterly In Touch. This has been achieved by using our in-house design team, eliminating our quarterly publication, increasing the number of copies that are emailed and seeking competitive printing prices. The costs are hoped to be further reduced as more people take up the offer of having HealthBeat emailed to them.

HealthBeat is produced by the CDHB Communications Team.

Communications Manager: Michele Hider

Internal Communications Officer: Fiona Bryce

Design and layout: Medical Illustration

Printed by: Clarity Press

View HealthBeat online at:

www.cdhb.govt.nz/communications/publications.htm

On ya bike!



Ready to pedal – Rachel Don, Joan Mechen, Elsa Tuck, Meg Christie and Helena Parsons.

interested in saving money. And of course Christchurch is a flat city so it's easy to commute by bike."

Helena said she finds people can feel discouraged by stories about the dangers of cycling on the road.

"It's important for people to have confidence on their bike and know the rules, so they can cycle in the traffic, understand their rights as road users and feel safe," she said.

Mrs Christie said C&PH intends to work with Environment Canterbury and the Christchurch City Council to set up a workplace travel plan.

"While our main reason is for the physical health benefits, there are many added advantages; the reduction of traffic congestion, the improvement of air quality, the economic benefits and the creation of a more pleasant, safe and quieter urban environment."

Mrs Christie said a workplace travel plan is also in line with the Ministry of Transport's sustainable transport goals for the future.

"Who knows? The sight of CDHB workers going about their work by bicycle may become commonplace one day," she said.

Staff at Community and Public Health (C&PH) recently took part in cycle training to encourage more staff to use pool bikes.

Two bikes were purchased for staff use last year, however the uptake was not great. A bit of digging soon explained why...

"Concerns about lack of experience and confidence plus real and perceived safety issues were barriers for a number of people," said Meg Christie, C&PH Occupational Therapist, Health Promoter and keen cycling commuter.

"However, there was a clear indication they would consider cycling to work or commuting for work purposes if they could get some cycle training. We received some funding from CAN (Cycling Advocates Network) which paid for training sessions. Some people were genuinely terrified, so I really respect the fact that they gave it a go!" she said.

Cycle Skills trainer Helena Parsons, from MTBskills.com said road confidence courses were becoming more popular.

"People are interested in commuting by bike; they see the health benefits and are



Time to care... and eat cake! Erin Bensley, Ward 28's Clinical Champion of the Releasing Time to Care pilot at Christchurch Hospital

Releasing time to care

The principles of Releasing Time to Care are to;

- Improve patient safety and reliability of care
- Improve patient experience
- Improve efficiency of care delivery
- Improve staff well-being.

In addition, a number of staff from Christchurch Hospital and The Princess Margaret Hospital attended the Productive Ward study day run by Helen Bevan, Director of Service Transformation, National Health Service Institute, on which much of the learning for Releasing Time to Care has been based.

Already staff on the pilot wards are 'learning to see' their wards in whole new ways but a key element both of the diagnostic phase and the ongoing work is to understand each other's workloads and pressures by creating staff-led solutions to common issues. It is also about avoiding the blame that can readily undermine relationships and trust between different disciplines.

The intentionally inclusive approach of Releasing Time to Care will demonstrably improve conditions for staff and patients alike.

The beginning of March saw the launch of the Releasing Time to Care pilot on Wards 28 and 29 at Christchurch Hospital. They follow the launches of Wards 30 and 14. Each has celebrated their launch by General Manager Mark Leggett with streamers, balloons and nibbles.

You made it!

Congratulations to everyone who took part in last month's Star City 2 Surf from Cathedral Square to QEII Park. Approximately 15,000 people participated- a record number for the event. Staff from community providers of health and 560 people from the CDHB turned out to help raise funds for the Canterbury West Coast Air Rescue Trust. A big thank you to Pegasus Health for sharing their tent with the CDHB.



A gift from the groom

Nic Beardsworth was back in Christchurch Hospital's Bone Marrow Transplant Unit last month, but this time it was to present the Unit with a cheque for more than \$10,000.

Staff were thrilled to catch up with Nic and his fiancé Lauren Jardine, the day before their wedding.

They were also excited to meet Nic's sister, Jemma Jacklin, who donated life-saving bone marrow, flown from England with the help of Dr Ruth Spearing, three years ago.

Nic was given a 30 per cent chance of survival without a transplant.

Family members who were visiting Christchurch from the UK to attend the wedding were also part of the reunion. The family had been helping to raise money over the past 18 months, through a sponsored run, a walk, a 50km bike ride and a party.

Nic said the money was to say thanks and it would go into a trust fund for patients.

"It's just something to make it a bit easier for



Reunited in health and happiness- Dr Ruth Spearing, Helen Lilley, Jane Worsfold, Jemma Jacklin, Clare Heather, Nic Beardsworth, Lauren Jardine (Nic's fiancé) and Luis Jacklin.

people."

He said it was great to have all his family with him to present the cheque.

"And seeing all the staff again and being well this time instead of being really poorly", he said.

Important step in improving the health of Canterbury Maori

The CDHB recently signed a Memorandum of Understanding (MoU) with Manawhenua ki Waitaha - a representative collective of the seven Ngai Tahu Runanga in the CDHB's district of responsibility.

The Memorandum of Understanding, which took many years to negotiate and finalise, represents an important milestone in the health arena for Manawhenua ki Waitaha and the CDHB. It commits both parties to regularly meeting to allow Manawhenua ki Waitaha to participate in CDHB processes of planning, funding and delivering health services in Canterbury. The CDHB will report progress on Maori health to Manawhenua ki Waitaha on a quarterly basis and engage with them to assist in improving the health outcomes for our Canterbury Maori population and the wider Canterbury community.

Documents such as this MoU require cabinet approval to ensure government agencies such as the CDHB follow the correct guidelines.

Manawhenua ki Waitaha and the previous board of the CDHB, prior to last year's DHB elections, worked hard to help get the document ready. They approved it for signing in November 2007 and the formal signing by the



George Tikao (Onuku), Naomi Bunker (Waiwera), Maatea Gillies (Ngati Wheki, chair of Manawhenua ki Waitaha and CDHB Board member), Mark Solomon (Kaikoura), CDHB chair Alister James, Graeme Grennell (Koukourarata), Sandy Lockhart (Taumutu) and Clare Williams (Ngai Tuahuriri).

new Board and Manawhenua ki Waitaha took place on Friday 7 March.

New approach to encourage more collaboration

Recent changes to the CDHB's Planning and Funding structure aim to encourage more community engagement and sector collaboration and better use of clinical and technical expertise.

The changes are a result of a recent review of the structure and function of the department, which included consultation with staff and key parties.

General Manager Planning and Funding Carolyn Gullery said the new approach was supported by a majority of stakeholders and reflects the future aims of the CDHB - Vision 2020. She said the changes will also help to address the challenges currently facing the team.

"The changes were designed to re-focus our attention on outcomes and service development. It also recognises the fact that the Ministry of Health is encouraging a more collaborative, less directive approach and is placing more emphasis on engagement and partnership," she said.

The changes aim to:

- bring about functional and cultural changes needed to increase the effectiveness of Planning and Funding
- include more senior people to expand capability in the team
- incorporate clinical and technical expertise in the structure
- increase financial efficiency and effectiveness
- provide a flexible responsive structure
- increase sector engagement, strategic development and management of organisational changes
- build a culture of collective accountability

The new structure includes the same number of FTE staff and is intended to be 'flatter' with clearer accountabilities and team leaders taking the lead on key priorities.

Staff significantly affected by the changes were advised individually and well in advance, of wider notification.

"This is an important shift intended to empower talented team members and facilitate broader input into strategy and service development," said Ms Gullery.

Visit www.cdhb.govt.nz/planning/structure.htm for a breakdown of the new structure and further information.

Why have a 'flu vaccination?

There are many reasons why health care workers should have an annual influenza vaccination. The most important of which is to guard against giving influenza to the sick and often highly vulnerable people in their care. Influenza can be deadly for people who are already unwell. Other reasons include;

- Protecting yourself and your co-workers
- Preventing severe illness in yourselves and others
- Protecting your families and friends.

Patients in facilities, where more than 60% of the staff have been immunised, experience less related mortality and illness compared with patients in facilities without immunised staff.

So why do health care workers hesitate to take up the offer of free influenza vaccine?

Studies show there are several reasons;

- *Fear of side effects and needles*
Mild soreness of the arm at the injection site is the most common side effect.
- *Scepticism regarding vaccine efficacy*
Healthy people under 65 years can expect 70-90% efficacy in preventing influenza infection.
- *Belief in one's own innate ability to resist infection*
Influenza doesn't care how fit, active or healthy you are. Influenza is easily transmitted and everyone is at risk of

catching it.

- *Barriers to accessing the vaccine*

The CDHB and many community providers of health such as Nurse Maude and Pegasus Health, are offering free or subsidised 'flu vaccinations for staff. CDHB employees

can go to the intranet for dates and times of clinics. If you work for a community provider of health, please contact your manager for further information.

If you have any concerns or questions about the influenza

vaccine, please contact Occupational Health, phone (03) 3786154 or ext. 86154.

The CDHB would like to thank all staff involved in the influenza vaccination campaign this year. Your enthusiasm, positivity and effort are, appreciated greatly.



Glaucoma testing - save your sight

Glaucoma NZ is urging CDHB employees and all health professionals in Canterbury aged 45 and over to get tested for glaucoma- the leading cause of preventable blindness in New Zealand.

Christchurch-based Ophthalmologist and Glaucoma NZ's Chairman, Dr Ken Tarr said health professionals need to encourage patients to be tested for glaucoma and be tested themselves.

"Health professionals are often looking at small detail in terms of dispensing medication and recording measurements. They need to be able to preserve their sight in order to continue their work and do it well. So it's very important to be tested."

Dr Tarr recommended that everyone should have their eyesight tested for glaucoma at the age of 45, with five yearly tests thereafter.

"With early intervention, permanent damage and blindness can be prevented," he said.

"If we can catch glaucoma in its early stages, we can often stop

the disease from getting worse. But if you come to us, in your fifties or sixties, with eyes that have damaged nerve fibres, we can't give you back your vision. Even if you still have some sight left, you may no longer be able to drive, play your favourite sport or even carry out your job," said Dr Tarr.

"It's devastating when people have left it too late to be treated. We hope health professionals will make it a priority to get tested," he said.

"If glaucoma is caught in its early stages, it causes very little blindness when treated. More often than not, the condition is highly manageable."

Optometrists can carry out a standard glaucoma test which includes the optic nerve, eye pressure and side vision.

Family history or a previous eye injury may require earlier and more frequent examinations. For more information contact Glaucoma NZ www.glaucoma.org.nz or call 0800 GLAUCOMA (0800 452 826).

New Surgical Assessment Unit opens

Patients needing acute surgical admission to Christchurch Hospital will now be fast tracked through to a new unit.

The 12-bed Surgical Assessment and Review Area (SARA) opened recently in Ward 16, which was refurbished last year. Patients who are identified as needing surgical treatment after seeing their GP or presenting to the Emergency Department will be admitted to the SARA, rather than to different wards across the hospital as has been done in the past.

GPs can refer directly to the unit by calling 0800 GP GENSUR (0800 47 436 787). This number goes to the acute registrar for assessment.

The aim is to ensure all acute surgical staff are based in one area, which will allow patients to be assessed for surgery more quickly and effectively and get into theatre sooner. Patients who are assessed and do not need surgery will be discharged home. These patients will receive a follow up telephone call from a member of the acute surgical team after they have left hospital to ensure



Fast-tracked surgical care- patient Moe Taefu with Clinical Nurse Specialist Ann-Marie Mullin.

their condition has not deteriorated.

Clinical Director Mr John Utley said under the old system, the acute surgical team had traditionally had to move around the hospital to assess patients because they were not admitted to just one ward.

There are about 6000 admissions each year to the general surgery department. Seventy per cent of these patients present acutely; about 20 presentations a day. Half of all patients presenting acutely will undergo surgery.

The SARA is the surgical equivalent of the Acute Medical Assessment Unit (AMAU), which was set up in 2006. Both initiatives are part of the Improving the Patient Journey programme, which aims to improve patient flow through Christchurch Hospital.

Campaign aims to clear up confusion

Cantabrians are about to see a lot of this 1-2-3 logo- to help them think about the best place to go for health care.

A review of emergency and after hour services identified a need to educate members of the public on the health services available to them. Most importantly; how to make the right choice of service, so they go to the right place at the right time.

The brightly-coloured campaign begins this month, asking the question “1-2-3, Where should I be?” alongside messages including “Save the Emergency Department for emergencies only”.

CDHB General Manager, Planning and Funding, Carolyn Gullery said “We want to make people think about where to go and to take personal responsibility for making the right choice.

“It’s too easy for people to go straight to the Emergency Department at the hospital, but very often that means they have overlooked other choices. They might not be familiar with the other choices, or the differences between them, but we hope that’s about to change.”

The 1-2-3 campaign will unfold over the next few months, prompting people to understand their healthcare options, think carefully about where to get appropriate help for every situation and go to the right place each time.



The 1-2-3 device (pictured) translates to:

- 1 = General Practice for general health advice and treatment, as well as urgent care
- 2 = After Hours services for care outside normal GP hours
- 3 = Emergency Department when urgent hospital care is required.

The message will be delivered through an advertising campaign including billboards, bus shelters, bus backs, cinema and mall washrooms, as well as print and radio advertising. There will also be information in DHB resources.

Thanks to Banks Peninsula community support, Akaroa Hospital has

Babies and mums in the spotlight

The CDHB is developing a new Maternity Strategy Plan, which will focus on the current and future needs of Canterbury’s pregnant and birthing women, their babies and families.

Public feedback on this plan will be invited in April this year.

The strategy is being designed to ensure that maternity services are provided in the right places to best meet the needs of mothers and their babies.

“We are working with consumers, Lead Maternity Carers (midwives, General Practitioners and obstetricians), the New Zealand College of Midwives and other key stakeholders to strengthen maternity care across all services as well as working to remove as many barriers as possible to accessing maternity services,” CDHB Planning and Funding General Manager Carolyn Gullery said.

The strategy will take into account the number of births in Canterbury and the services available. Its scope will include:

- Strengthening the continuity of a woman’s care across maternity services
- Providing the best possible maternity services in the right places to meet Canterbury women’s needs
- Reviewing barriers to rural women accessing maternity services and developing a strategy to reduce these
- Developing a plan for local workforce recruitment needs in the maternity sector
- Working with Lead Maternity Carers to provide the best possible services
- Ensuring evidence based guidelines are agreed and integrated throughout maternity care in Canterbury

Ms Gullery said there had been recent growth in the numbers of babies being born in Canterbury, with 6158 births in 2006.

“We expect the birth rate to increase until at least 2011 and this is resulting in higher than anticipated demand on services”.

The strategy will be aligned to the CDHB’s Health Services Planning project, which began last year and is involving consumers in re-shaping Canterbury’s health services. Go to www.cdhb.govt.nz for more information.



Akaroa Hospital - community commitment

What a view – Guardians of Akaroa Hospital Bob Ayrey and Lois Waghorn

Thanks to community support, Akaroa hospital is enjoying the benefits of renovations, revamps and new equipment.

The hospital serves a permanent population of more than 11,000 in the Banks Peninsula area. While the permanent population of Akaroa Township is just over 500, Akaroa's peak holiday population grows to more than 6,000 (including day visitors). This results in a high demand for accident and emergency services over these periods.

The hospital, which was officially opened in 1926, has been lovingly restored and upgraded. Equipment has been purchased and rooms have been refurbished to ensure the comfort of

patients, family and visitors. The top storey of the hospital has been renovated and refurbished for patients' families, as well as staff from surrounding bays and Christchurch. The most recent purchase has been a new ECG machine.

has changed as the permanent population ages. In the past they rolled up their sleeves to work on the building and grounds. Now they have more of a fundraising and fund management role.

"Banks Peninsula residents and visitors who have experienced care at Akaroa are willing to support the Akaroa hospital. If there is a need people come to the party; from individuals, through to the local organisations such as the Lions, Masons and other groups.

The Guardians of Akaroa Hospital committee includes a chairman and elected members, a medical superintendent, nurse manager and nurse representative. In addition to funding from annual membership subscriptions and donations, fundraisers such as raffles and events, are widely supported.

Akaroa Hospital is situated on the hill, close to the Garden of Tane and overlooking the harbour. It is an accredited facility providing medical and surgical rehabilitation, carer support, day patient care, as well as maternity and physiotherapy services. Local GPs provide an accident and emergency service.

"The addition of an accident and emergency room has been another significant improvement and also provides more space and privacy for staff and patients,"

"The addition of an accident and emergency room has been another significant improvement and also provides more space and privacy for staff and patients," said Lois Waghorn, Guardians of Akaroa Hospital Committee member.

Lois is a former president and at 80 years old, she still plays an active role.

Bob Ayrey, current president, said the role of the committee



A beanie bonanza

Lots of Kiwi kids will be warmer this winter thanks to some staff at Christchurch Women's Hospital and their friends. They have been busily knitting beanies to donate to Kidscan Charitable Trust.

Receptionist Debbie Adams said their target just kept growing... "We started with 50 but now it's reached 137, so now we're aiming for 200. But I reckon we'll try for 300 by the 31st of May!" she said.

With the help of reception staff and Chaplain Hilary Barlow, the project has taken on a life of its own.

If you would like to help out the knitters or would like a pattern, please call Christchurch Women's Hospital reception on 3644 309 or ext. 85309.

137 and still counting! Debbie Adams, Lois Dawson and Marley Wogan with the hand-knitted beanies to be donated to Kidscan Charitable Trust.

Play time...

Children in Hospital Awareness Week was held last month to raise awareness of the role of Hospital Play Specialists, based on paediatric wards.

The team of five Hospital Play Specialists work with children and young people who are in hospital to help them cope with illness, hospitalisation and to understand their treatment.



Nic Ellis, Lee Shaw, Neroli Bull, Mandy Arnett, Larissa Storm, Janelle Wright and Rae Cherry; Ward 21 Team.



Back row; Robyn Richens, Milly McCutcheon, Emma Archer, Victoria Cullens, Kelly-Anne Collins, Sarah Judkins, seated; Tina Cook, Tara Newitt and Lisa Taylor; Ward 22 Team.



Deborah Alexander, Emma Fallen, Dorothy Lavelle, Mel Jeffs; Hospital Play Specialists and Debs Maoate- Cox; Playroom Aide.

Delta Trust Gala Day



Pretty as a picture - Rachel Lawn and Haylee. Lunch is up! Eoin McPherson and Mr Cornelius.



Delta Community Support Trust held a community Gala Day last month raising \$2,300 for its support services. Face painting, food and a 'white elephant' sale were just some of the attractions. Based in Richmond/Shirley, Delta Trust provides a range of community services including General Services - budget advice, foodbank and community café and meals, Friendship Link - friendship, group and social activities for people with disabilities and The Evergreen Club - day activities programme for older persons.

Relay for Life



Back: Ellen, Lyn, Eileen, Colleen, Debbie, Jacqui, Andrew, Viv, Theresa, Roz, Lily. Front: Byron and Chelsea (absent; Mackenzie).

The 'Smear Tactics' team from the Canterbury Region Cervical Screening Programme walked for 24 hours in the Relay for Life last month. The event was held at QEII to raise awareness and funds for the Cancer Society.

What's up...

April

4-6	Royal New Zealand Foundation of the Blind Red Puppy Appeal
7	World Health Day
7-10	New Zealand Healthy Cities and Communities Short Course presented by Healthy Christchurch email; healthychristchurch@cph.co.nz
7-13	Red Cross Rose Week
11	World Parkinson's Day
14-21	Camp Quality NZWeek (camps for children living with cancer)
17	World Haemophilia Day
18	Poppy Day
18	End of School Term 1
25	ANZAC Day

26	Kidney Kids Appeal Day
28-4	Salvation Army Red Shield Appeal

May

5	Term 2 begins
5-11	NZ Sign Language Week
6	World Asthma Day
10	Balloon Day (Asthma and Respiratory Foundation)
11	Mothers Day
12	International Chronic Fatigue Syndrome / Myalgic Encephalomyelitis Awareness Day
15	International Day of Families
23-25	World Vision 40 Hour Famine
26-1	Youth Week
31	World Smoke Free /No Tobacco Day



Doraine Nickel, Te Ngahere Akuhata and Bradley Norton

Potato power

Te Puna Whaiora Glenelg Children's Health Camp held a 'potato celebration dinner' recently to recognise the United Nations-declared International Year of the Potato. The dinner was held in conjunction with the Potato Product Group of Horticulture New Zealand.

Twenty children, aged from eight to 13, are part of the new five-week programme, 'New Image', which began recently at the health camp in St

Martin's, Christchurch.

The children and their families are encouraged to eat healthily and exercise regularly. Participants have been referred to the camp from across Canterbury, the West Coast and Marlborough.

The New Image programme is being supported by Community Action to Improve Nutrition Capacity (CATINC) – a combined project between the local Primary Health Organisations and the CDHB. CDHB Psychologist Tony White is also working with parents and Sport Canterbury staff are holding physical activity sessions for children.

FRONT PAGE PHOTO: Janne Pasco, Te Ngahere Akuhata, 11, from Ashburton, Richard Wisnesky (back), Bradley Norton, 12, from Blenheim and Doraine Nickel, 10, from Christchurch.

Mental health and pregnancy course

The University of Otago's Christchurch School of Medicine and Health Sciences is offering a Postgraduate Certificate in Perinatal Mental Health. It is the only postgraduate course in NZ for qualified health professionals wanting to develop an understanding of mental health issues surrounding pregnancy, childbirth and the parent-child relationship. Contact Judith Stone, judith.stone@otago.ac.nz (03)372 0404.

Maori and Pacific community projects-funding available

More than \$300,000 is now available for projects which help improve nutrition, increase physical activity and/or reduce obesity within Maori and Pacific communities.

The funding is available from the CDHB Healthy Eating Healthy Action (HEHA) Community Fund, with \$157,000 allocated to Maori and \$146,000 for Pacific communities.

The funding round is open until 30 April 2008, with further funding rounds anticipated in 2009 and 2010. All applications will be reviewed by a panel, with the maximum amount per application being \$50,000 per annum for 3 years. Visit www.cdhb.govt.nz for more information and an application form.

INFLUENZA VACCINE

ONE MINUTE TO SAVE A LIFE



Virologist, Dr Lance Jennings

“ANNUAL IMMUNISATION OF HEALTHCARE WORKERS IS THE MOST EFFICIENT WAY TO MINIMISE THEIR PATIENTS’ EXPOSURE TO A POTENTIALLY LETHAL VIRUS.”
VIROLOGIST, DR LANCE JENNINGS.

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Tā Poari Hauora o Wairarapa